



# USAIGC REGIONAL CHAMPIONSHIPS 2026 - V3

Participating Gyms – Aeon, All American Lynbrook, All American Oceanside, Axiom, Blake’s Gym, Diamond Hanover, Diamond Hoboken, Discovery, Dynamix, Freehold Elite, Elite, Flip Out Productions, Flips, GMGC Centereach, GMGC Garden City GMGC Huntington, GMGC Levittown, GMGC Rocky Point, GMGC Smithtown, Gotham, Gym City, GymNation, Gymtime NYC, Hampton, Hills, MGA, New Image, Northeast Institute of Gymnastics, NYC Elite East, NYC Elite Tribeca, NYC Elite West, Phoenix, Progressive, Rainbow, Sagamore, Victory

FRIDAY, MAY 29 <sup>TH</sup> - GYM A	FRIDAY, MAY 29 <sup>TH</sup> - GYM B
<b>SESSION A01 - 11:00AM – GOLD &amp; PLATINUM – ALL</b> ALL AMERICAN LB, BLAKE’S GYM, DYNAMIX, FREEHOLD ELITE, GMGC C, GMGC GC, GMGC H, GMGC L, GMGC S, GOTHAM, GYM CITY, HILLS, NEW IMAGE, NORTHEAST INSTITUTE, NYC ELITE TRIBECA, RAINBOW <b>Top 3 scores – Team Award</b>	-----
<b>SESSION A02 - 2:30PM – SILVER – MEDIUM TEAMS</b> ALL AMERICAN LB, GMGC GC, GMGC H, GOTHAM, GYM NATION, HILLS <b>Top 5 scores – Team Award</b>	<b>SESSION B01 - 3:00PM – DIAMOND – MEDIUM TEAMS</b> ALL AMERICAN LB, DIAMOND HOBOKEN, DISCOVERY, DYNAMIX, GMGC C, GMGC S, GOTHAM, NYC ELITE TRIBECA <b>Top 5 scores – Team Award</b>
<b>SESSION A03 – 5:30PM – SILVER – SMALL TEAMS</b> AEON, AXIOM, BLAKE’S GYM, DISCOVERY, DYNAMIX, FREEHOLD ELITE, ELITE, GMGC C, GMGC S, GYM CITY, GYM TIME NYC, MGA, NORTHEAST INSTITUTE, NYC ELITE EAST, NYC ELITE TRIBECA, NYC ELITE WEST, PROGRESSIVE, RAINBOW, SAGAMORE <b>Top 3 scores – Team Award</b>	<b>SESSION B02 - 6:00PM – DIAMOND – LARGE TEAMS</b> FLIP OUT, GMGC H, GYM NATION, HILLS, MGA, GMGC RP <b>Top 7 scores – Team Award</b>
SATURDAY, MAY 30 <sup>TH</sup> - GYM A	SATURDAY, MAY 30 <sup>TH</sup> - GYM B
<b>SESSION A04 – 8:00AM – BRONZE - LARGE TEAMS</b> ALL AMERICAN OS, GOTHAM, GYM CITY, GYM TIME NYC, NYC ELITE WEST, SAGAMORE <b>Top 7 scores – Team Award</b>	<b>SESSION B03 – 8:30AM – COPPER 2 – MEDIUM TEAMS</b> AXIOM, FLIP OUT, GMGC H, GOTHAM, GYM NATION, HAMPTON, NYC ELITE TRIBECA, RAINBOW <b>Top 5 scores – Team Award</b>
<b>SESSION A05 – 11:00AM – BRONZE – XLARGE TEAMS</b> AEON, HILLS, NYC ELITE TRIBECA, RAINBOW <b>9 scores – Team Award</b>	<b>SESSION B04 – 11:30AM – COPPER 2 – SMALL TEAMS</b> DIAMOND HANOVER, DIAMOND HOBOKEN, FREEHOLD ELITE, ELITE, GMGC GC, GMGC L, GMGC RP, GMGC S, NEW IMAGE, PHOENIX, PROGRESSIVE, SAGAMORE, VICTORY <b>Top 3 scores – Team Award</b>
<b>SESSION A06 – 2:00PM – BRONZE – MEDIUM TEAMS</b> DISCOVERY, DYNAMIX, FLIPS, GMGC C, GMGC S, NORTHEAST INSTITUTE, PROGRESSIVE, VICTORY <b>Top 5 scores – Team Award</b>	<b>SESSION B05 – 2:30PM – COPPER 2 -XLARGE TEAMS</b> AEON, HILLS, NYC ELITE EAST, NYC ELITE WEST <b>Top 9 scores – Team Award</b>
<b>SESSION A07 – 5:00PM – BRONZE – SMALL TEAMS</b> AXIOM, BLAKE’S GYM, DIAMOND HANOVER, DIAMOND HOBOKEN, FREEHOLD ELITE, ELITE, FLIP OUT, GMGC GC, GMGC H, GMCC RP, GYM NATION, HAMPTON, MGA, NEW IMAGE, NYC ELITE EAST, PHOENIX <b>Top 3 scores – Team Award</b>	<b>SESSION B06 – 5:30PM – DIAMOND – SMALL TEAMS</b> AEON, AXIOM, BLAKE’S GYM, DIAMOND HANOVER, FLIP OUT, GMGC GC, GMGC L, GYM CITY, HAMPTON, NEW IMAGE, NYC ELITE EAST, NYC ELITE WEST, PROGRESSIVE, RAINBOW, VICTORY <b>Top 3 scores – Team Award</b>
SUNDAY, MAY 31 <sup>ST</sup> – GYM A	SUNDAY, MAY 31 <sup>ST</sup> – GYM B
<b>SESSION A08 – 8:00AM – COPPER 1 – SMALL TEAMS</b> AXIOM, DISCOVERY, FLIP OUT, FLIPS, GMGC H, GYM NATION, HAMPTON, NEW IMAGE, NYC ELITE TRIBECA, PHOENIX, RAINBOW, VICTORY <b>Top 3 scores – Team Award</b>	<b>SESSION B07- 8:30AM – COPPER 2 – LARGE TEAMS</b> ALL AMERICAN OS, DISCOVERY, DYNAMIX, FLIPS, GYM CITY, GYM TIME NYC <b>Top 7 scores – Team Award</b>
<b>SESSION A09 – 11:00AM – COPPER 1 – LARGE TEAMS</b> AEON, GYM CITY, GYM TIME NYC, NYC ELITE EAST, SAGAMORE <b>Top 7 scores – Team Award</b>	<b>SESSION B08 – 11:30AM – GEMS – ALL</b> AEON, DISCOVERY, GMGC L, GMGC RP, GYM NATION, PROGRESSIVE <b>Top 3 scores – Team Award</b>
<b>SESSION A10 – 2:00PM – COPPER 1 MEDIUM TEAMS</b> ALL AMERICAN OS, DIAMOND HOBOKEN, ELITE, GMGC RP, GOTHAM, HILLS, NORTHEAST INSTITUTE, NYC ELITE WEST, PROGRESSIVE <b>Top 5 Scores – Team Award</b>	