



USAIGC REGIONAL CHAMPIONSHIPS 2026 V2.

Participating Gyms – Aeon, All American Lynbrook, All American Oceanside, Axiom, Blake’s Gym, Diamond Hanover, Diamond Hoboken, Discovery, Dynamix, Freehold Elite, Elite, Flip Out Productions, Flips, GMGC Centereach, GMGC Garden City GMGC Huntington, GMGC Levittown, GMGC Rocky Point, GMGC Smithtown, Gotham, Gym City, GymNation, Gymtime NYC, Hampton, Hills, MGA, New Image, Northeast Institute of Gymnastics, NYC Elite East, NYC Elite Tribeca, NYC Elite West, Phoenix, Progressive, Rainbow, Sagamore, Silver Stars, Victory

FRIDAY, MAY 29 TH - GYM A	FRIDAY, MAY 29 TH - GYM B
SESSION A01 - 11:00AM – GOLD & PLATINUM – ALL ALL AMERICAN LB, BLAKE’S GYM, DYNAMIX, FREEHOLD ELITE, GMGC C, GMGC GC, GMGC H, GMGC L, GMGC S, GOTHAM, GYM CITY, HILLS, NEW IMAGE, NORTHEAST INSTITUTE, NYC ELITE TRIBECA, RAINBOW, SILVER STARS	-----
SESSION A02 - 2:30PM – SILVER – MEDIUM TEAMS ALL AMERICAN LB, GMGC GC, GMGC H, GOTHAM, GYMNATION, HILLS	SESSION B01 - 3:00PM – DIAMOND – MEDIUM TEAMS All AMERICAN LB, DIAMOND HOBOKEN, DISCOVERY, DYNAMIX, GMGC C, GMGC S, GOTHAM, NYC ELITE TRIBECA
SESSION A03 – 5:30PM – SILVER – SMALL TEAMS AEON, AXIOM, BLAKE’S GYM, DISCOVERY, DYNAMIX, FREEHOLD ELITE, ELITE, GMGC C, GMGC S, GYM CITY, GYM TIME NYC, MGA, NORTHEAST INSTITUTE, NYC ELITE EAST, NYC ELITE TRIBECA, NYC ELITE WEST, PROGRESSIVE, RAINBOW, SAGAMORE, SILVER STARS	SESSION B02 - 6:00PM – DIAMOND – LARGE TEAMS FLIP OUT, GMGC H, GYMNATION, HILLS, MGA, GMGC RP, SILVER STARS
SATURDAY, MAY 30 TH - GYM A	SATURDAY, MAY 30 TH - GYM B
SESSION A04 – 8:00AM – BRONZE - LARGE TEAMS ALL AMERICAN OS, GOTHAM, GYM CITY, GYM TIME NYC, NYC ELITE WEST, SAGAMORE	SESSION B03 – 8:30AM – COPPER 2 – MEDIUM TEAMS AXIOM, FLIP OUT, GMGC H, GOTHAM, GYMNATION, HAMPTON, NYC ELITE TRIBECA, RAINBOW
SESSION A05 – 11:00AM – BRONZE – XLARGE TEAMS AEON, HILLS, NYC ELITE TRIBECA, RAINBOW, SILVER STARS	SESSION B04 – 11:30AM – COPPER 2 – SMALL TEAMS DIAMOND HANOVER, DIAMOND HOBOKEN, FREEHOLD ELITE, ELITE, GMGC GC, GMGC L, GMGC RP, GMGC S, NEW IMAGE, PHOENIX, PROGRESSIVE, SAGAMORE, VICTORY
SESSION A06 – 2:00PM – BRONZE – MEDIUM TEAMS DISCOVERY, DYNAMIX, FLIPS, GMGC C, GMGC S, NORTHEAST INSTITUTE, PROGRESSIVE, VICTORY	SESSION B05 – 2:30PM – COPPER 2 -XLARGE TEAMS AEON, HILLS, NYC ELITE EAST, NYC ELITE WEST, SILVER STARS
SESSION A07 – 5:00PM – BRONZE – SMALL TEAMS AXIOM, BLAKE’S GYM, DIAMOND HANOVER, DIAMOND HOBOKEN, FREEHOLD ELITE, ELITE, FLIP OUT, GMGC GC, GMGC H, GMCC RP, GYMNATION, HAMPTON, MGA, NEW IMAGE, NYC ELITE EAST, PHOENIX	SESSON B06 – 5:30PM – DIAMOND – SMALL TEAMS AEON, AXIOM, BLAKE’S GYM, DIAMOND HANOVER, FLIP OUT, GMGC GC, GMGC L, GYM CITY, HAMPTON, NEW IMAGE, NYC ELITE EAST, NYC ELITE WEST, PROGRESSIVE, RAINBOW, VICTORY
SUNDAY, MAY 31 ST – GYM A	SUNDAY, MAY 31 ST – GYM B
SESSION A08 – 8:00AM – COPPER 1 – SMALL TEAMS AXIOM, DISCOVERY, FLIP OUT, FLIPS, GMGC H, GYMNATION, HAMPTON, NEW IMAGE, NYC ELITE TRIBECA, PHOENIX, RAINBOW, SILVER STARS, VICTORY	SESSION B07- 8:30AM – COPPER 2 – LARGE TEAMS ALL AMERICAN OS, DISCOVERY, DYNAMIX, FLIPS, GYM CITY, GYM TIME NYC
SESSION A09 – 11:00AM – COPPER 1 – LARGE TEAMS AEON, GYM CITY, GYM TIME NYC, NYC ELITE EAST, SAGAMORE	SESSION B08 – 11:30AM – GEMS – ALL AEON, DISCOVERY, GMGC L, GMGC RP, GYMNATION, PROGRESSIVE
SESSION A10 – 2:00PM – COPPER 1 MEDIUM TEAMS ALL AMERICAN OS, DIAMOND HOBOKEN, ELITE, GMGC RP, GOTHAM, HILLS, NORTHEAST INSTITUTE, NYC ELITE WEST, PROGRESSIVE	