



# USAIGC REGIONAL CHAMPIONSHIPS 2026 V1.

Participating Gyms – Aeon, All American Lynbrook, All American Oceanside, Axiom, Blake’s Gym, Diamond Hanover, Diamond Hoboken, Discovery, Dynamix, Elite Gym NJ, Elite NY, Flip Out Productions, Flips, GMGC Centereach, GMGC Garden City GMGC Huntington, GMGC Levittown, GMGC Rocky Point, GMGC Smithtown, Gotham, Gym City, GymNation, Gymtime NYC, Hampton, Hills, MGA, New Image, Northeast Institute of Gymnastics, NYC Elite East, NYC Elite Tribeca, NYC Elite West, Phoenix, Progressive, Rainbow, Sagamore, Silver Stars, Victory

FRIDAY, MAY 29 <sup>TH</sup> - GYM A	FRIDAY, MAY 29 <sup>TH</sup> - GYM B
<b>SESSION A01 - 11:00AM – GOLD &amp; PLATINUM – ALL</b> ALL AMERICAN LB, BLAKE’S GYM, DYNAMIX, ELITE NJ, GMGC C, GMGC GC, GMGC H, GMGC L, GMGC S, GOTHAM, GYM CITY, HILLS, NEW IMAGE, NORTHEAST INSTITUTE, NYC ELITE TRIBECA, RAINBOW, SILVER STARS	-----
<b>SESSION A02 - 2:30PM – SILVER – MEDIUM TEAMS</b> ALL AMERICAN LB, DYNAMIX, GMGC GC, GMGC H, HILLS	<b>SESSION B01 - 3:00PM – DIAMOND – MEDIUM TEAMS</b> All AMERICAN LB, DIAMOND HOBOKEN, DISCOVERY, DYNAMIX, GMGC C, GMGC S, GOTHAM, NYC ELITE TRIBECA
<b>SESSION A03 – 5:30PM – SILVER – SMALL TEAMS</b> AEON, AXIOM, BLAKE’S GYM, DISCOVERY, ELITE GYM NJ, ELITE NY, FLIP OUT, GMGC C, GMGC S, GOTHAM, GYM CITY, GYM NATION, GYM TIME NYC, MGA, NORTHEAST INSTITUTE, NYC ELITE EAST, NYC ELITE TRIBECA, NYC ELITE WEST, PROGRESSIVE, RAINBOW, SAGAMORE, SILVER STARS	<b>SESSION B02 - 6:00PM – DIAMOND – LARGE TEAMS</b> GMGC H, GYM NATION, HILLS, MGA, SILVER STARS
SATURDAY, MAY 30 <sup>TH</sup> - GYM A	SATURDAY, MAY 30 <sup>TH</sup> - GYM B
<b>SESSION A04 – 8:00AM – BRONZE - LARGE TEAMS</b> ALL AMERICAN OS, GOTHAM, GYM CITY, GYM TIME NYC, NYC ELITE WEST, SAGAMORE	<b>SESSION B03 – 8:30AM – COPPER 2 – MEDIUM TEAMS</b> AXIOM, FLIP OUT, GMGC H, GOTHAM, GYM NATION, HAMPTON, NYC ELITE TRIBECA
<b>SESSION A05 – 11:00AM – BRONZE – XLARGE TEAMS</b> AEON, HILLS, NYC ELITE TRIBECA, RAINBOW, SILVER STARS	<b>SESSION B04 – 11:30AM – COPPER 2 – SMALL TEAMS</b> DIAMOND HANOVER, DIAMOND HOBOKEN, ELITE GYM NJ, ELITE NY, GMGC GC, GMGC L, GMGC RP, GMGC S, NEW IMAGE, PHOENIX, PROGRESSIVE, RAINBOW, SAGAMORE, VICTORY
<b>SESSION A06 – 2:00PM – BRONZE – MEDIUM TEAMS</b> DISCOVERY, DYNAMIX, FLIPS, GMGC C, GMGC S, NORTHEAST INSTITUTE, PROGRESSIVE	<b>SESSION B05 – 2:30PM – COPPER 2 -XLARGE TEAMS</b> AEON, HILLS, NYC ELITE EAST, NYC ELITE WEST, SILVER STARS
<b>SESSION A07 – 5:00PM – BRONZE – SMALL TEAMS</b> AXIOM, BLAKE’S GYM, DIAMOND HANOVER, DIAMOND HOBOKEN, ELITE GYM NJ, ELITE NY, FLIP OUT, GMGC GC, GMGC H, GMCC RP, GYM NATION, HAMPTON, MGA, NEW IMAGE, NYC ELITE EAST, PHOENIX, VICTORY	<b>SESSON B06 – 5:30PM – DIAMOND – SMALL TEAMS</b> AEON, AXIOM, BLAKE’S GYM, DIAMOND HANOVER, FLIP OUT, GMGC GC, GMGC L, GYM CITY, HAMPTON, NEW IMAGE, NYC ELITE EAST, NYC ELITE WEST, PROGRESSIVE, RAINBOW, SAGAMORE, VICTORY
SUNDAY, MAY 31 <sup>ST</sup> – GYM A	SUNDAY, MAY 31 <sup>ST</sup> – GYM B
<b>SESSION A08 – 8:00AM – COPPER 1 – SMALL TEAMS</b> AXIOM, DISCOVERY, ELITE NY, FLIP OUT, FLIPS, GMGC H, GYM NATION, HAMPTON, NEW IMAGE, NYC ELITE TRIBECA, PHOENIX, RAINBOW, SILVER STARS, VICTORY	<b>SESSION B07- 8:30AM – COPPER 2 – LARGE TEAMS</b> ALL AMERICAN OS, DISCOVERY, DYNAMIX, FLIPS, GYM CITY, GYM TIME NYC
<b>SESSION A09 – 11:00AM – COPPER 1 – LARGE TEAMS</b> AEON, GYM CITY, GYM TIME NYC, NYC ELITE EAST, SAGAMORE	<b>SESSION B08 – 11:30AM – GEMS – ALL</b> AEON, DISCOVERY, GMGC L, GMGC RP, GYM NATION, PROGRESSIVE
<b>SESSION A10 – 2:00PM – COPPER 1 MEDIUM TEAMS</b> ALL AMERICAN OS, DIAMOND HOBOKEN, GMGC RP, GOTHAM, HILLS, NORTHEAST INSTITUTE, NYC ELITE WEST, PROGRESSIVE	