



Flip for a Cure Invitational

Meet Schedule

PARTICIPATING GYMS: All American Lynbrook, All American Bellmore, All Stars, Elite, Five Star, Flips, Free to Fly, GMGC Centereach, GMGC Huntington, GMGC Smithtown, Gym Nation, Gym-Nest, Hampton, Kennett, LI Core, Mid Island, Sagamore, Towers, Triumph

<p style="text-align: center;">Friday, March 8th</p> <p style="text-align: center;">Session 1 - 1:00pm</p> <p>Levels 6-10, Xcel Platinum, Xcel Diamond, Xcel Sapphire</p>	<p style="text-align: center;">Saturday, March 9th</p> <p style="text-align: center;">Session 3 – 8:00am</p> <p>USAIGC Bronze (teams listed below)</p> <p>GMGC Smithtown GMGC Centereach GMGC Huntington Gym-Nest Flips Free to Fly</p>	<p style="text-align: center;">Sunday, March 10th <i>Daylight Savings</i></p> <p style="text-align: center;">Session 6 - 9:00am</p> <p>USAIGC Copper 1</p>
<p style="text-align: center;">Session 2 – 5:00pm</p> <p>Levels 3-4 Xcel Bronze, Xcel Silver, Xcel Gold</p>	<p style="text-align: center;">Session 4 – 12:00pm</p> <p>USAIGC Bronze (teams listed below)</p> <p>Elite Gym Nation Hampton LI Core Sagamore</p>	<p style="text-align: center;">Session 7 – 12:15pm</p> <p>USAIGC Copper 2</p>
	<p style="text-align: center;">Session 5 - 4:00pm</p> <p>USAIGC Silver & Gold</p>	<p style="text-align: center;">Session 8 – 3:30pm</p> <p>USAIGC Diamond</p>

All gymnasts will receive 5 hours of community service by participating in this meet

Door Admission - Ages 13 & up \$20 / Child Ages 4-12 \$10/ 3 & under Free – Preferably CASH

Weekend Fee \$30 (2 more sessions)

100 % of raffle sales will benefit Pink Promises c/o The Breast Cancer Research Foundation

Raffle Tix 1 Tix \$5, 3 Tix \$10, 10 Tix \$20 - CASH