

2019 USAIGC NY STATE CHAMPIONSHIPS COPPER-PLATINUM SCHEDULE

PLEASE NOTE: TIMES ARE SUBJECT TO CHANGE

HOSTED BY: ELITE GYMNASTICS & GYM-NEST LOCATION: LI. SPORTS DOME & THE PLAYERS FUTSAL ACADEMY 5600 OLD SUNRISE HWY MASSAPEQUA, NY 11758

FRIDAY MAY 3, 2019	
GREEN GYM	RED GYM
8:00AM STRETCH – SESSION 1G – SILVER ALL STARS FIVE STARS GMGC – HUNTINGTON GMGC – NASSAU GMGC – SMITHTOWN HILLS JULIE'S 11:30AM STRETCH – SESSION 2G – SILVER APEX BEYOND EPIC BKGC FGA GMGC – ROCKY POINT GYM NEST LEGACY SILVER STARS TOWERS YWCA AERIALS	8:00AM STRETCH – SESSION 1R - SILVER GMGC – CENTEREACH INFINITI ELITE NYC ELITE SAGAMORE 11:45AM STRETCH – SESSION 2R – SILVER ALL AMERICAN – BELLMORE ALL AMERICAN – OCEANSIDE ARTISTIC ELITE FLIP-FLOP FREE TO FLY GYM CITY GYM NATION GYM PLUS GYMTIME NYC HOT SHOTS MGA NEW IMAGE NEW IMAGE NEW IMAGE SAGAMORE
2:45PM STRETCH— SESSION 3G — BRONZE AVIATOR GMGC — ROCKY POINT GYM CITY GYM PLUS MGA NEW IMAGE NEW IMAGE — SMITHTOWN NYC ELITE-TRIBECA	NEW INFAGE - SWITHTOWN NINA'S PORT JEFF PROGRESSIVE SPINS 3:00PM STRETCH - SESSION 3R - BRONZE FIVE STAR HILLS HOT SHOTS INFINITI ELITE
NYC ELITE-UPPER EAST NYC ELITE- UPPER WEST PORT JEFF 6:00PM STRETCH— SESSION 4G — BRONZE ALL AMERICAN — BELLMORE ALL STARS FLIP-FLOP GMGC — CENTEREACH GYM NATION LEGACY MID ISLAND SPINS YWCA AERIALS	6:15PM STRETCH— SESSION 4R — BRONZE ARTISTIC GMGC — NASSAU GYMTIME NYC SAGAMORE TOWERS



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SATURDAY MAY 4, 2019	
GREEN GYM	RED GYM
8:00AM STRETCH - SESSION 5G - COPPER 1 ALL AMERICAN - BELLMORE APEX ARTISTIC AVIATOR BEYOND EPIC ELITE GYM NATION GYM PLUS HAMPTONS EAST HILLS HOT SHOTS MGA PORT JEFF	8:00 AM STRETCH - SESSION 5R — COPPER 1 DISCOVERY FIVE STAR GYMTIME NYC NYC ELITE-UPPER EAST SAGAMORE
10:45AM STRETCH – SESSION 6G – COPPER 2 BEYOND EPIC BKGC FIVE STAR FLIPS JULIE'S NEW IMAGE NEW IMAGE – SMITHTOWN NINA'S PHOENIX PORT JEFF POWER PLAY YWCA AERIALS	11:15AM STRETCH – SESSION 6R – DIAMOND ALL AMERICAN – BELLMORE APEX GMGC – HUNTINGTON GMGC – SMITHTOWN GYM CITY GYM NATION GYM NEST GYMTIME NYC HAMPTON EAST INFINITI ELITE NYC ELITE - TRIBECA NYC ELITE - UPPER WEST PROGRESSIVE SAGAMORE SILVER STARS
1:30PM STRETCH – SESSION 7G – COPPER 1 BKGC FLIPS FREE TO FLY GYM CITY JULIE'S MID ISLAND NYC ELITE-TRIBECA NYC ELITE-UPPER WEST PHOENIX PROGESSIVE YWCA AERIALS	2:00PM STRETCH — SESSION 7R — GOLD & PLATINUM ALL AMERICAN — BELLMORE ALL STARS ARTISTIC BEYOND EPIC ELITE FGA FLIP-FLOP GMGC — CENTEREACH GMGC — HUNTINGTON GMGC — ROCKY POINT GYM NATION GYM PLUS HILLS HOT SHOTS INFINITI ELITE MGA NYC ELITE PORT JEFF SAGAMORE



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SUNDAY MAY 5, 2019	
GREEN GYM	RED GYM
8:00AM STRETCH - SESSION 8G – COPPER 2 APEX AVIATOR GYM CITY GYM NATION HAMPTON EAST NYC ELITE-UPPER EAST PROGRESSIVE SAGAMORE	8:00 AM STRETCH - SESSION 8R — COPPER 2 DISCOVERY GYMTIME NYC HILLS NYC ELITE-TRIBECA NYC ELITE-UPPER WEST
SILVER STARS 11:15AM STRETCH – SESSION 9G – BRONZE APEX BEYOND EPIC BKGC GMGC – HUNTINGTON GYM NEST JULIE'S	11:15AM STRETCH – SESSION 9R – BRONZE ALL AMERICAN – OCEANSIDE DISCOVERY ELITE FREE TO FLY GMGC – SMITHTOWN PROGRESSIVE